

The Effect of Couple Support and Mental Attitude on the Economic Recovery of Salted Fish Traders at Lamekongga Kolaka Market Post COVID-19 PPKM

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Abstract

Currently, there are many raw food products circulating in traditional markets, one of which is salted fish. The Covid-19 pandemic has changed economic life, including salted fish traders at the Lamekongga market, Kolaka Regency. The revival of the salted fish business is considered very important because this source of livelihood experienced a decline in income during the COVID-19 outbreak that entered Kolaka Regency. The purpose of this study was to measure the effect of partner support (X1) and mental attitude (X2) on the economic recovery (Y) of salted fish traders in Lamekongga traditional market. This research is an ex-port facto research which is causal associative. The subjects of this study were 19 sellers of salted fish in the Lamekongga traditional market. Data was collected by distributing questionnaires and documentation. Data were analyzed using simple regression and multiple regression. The implication of the research is to describe the recovery economy after the peak of COVID-19. The results of the inferential analysis of the influence of partner support (X1) and mental attitude (X2) on economic recovery (Y), obtained information on the value of sig.2-tailed is $0.000 < 0.05$, the test results are statistically significant, thus there is an effect of partner support (X1) and mental attitude (X2) towards economic recovery (Y).

Keywords: couple support; salted fish; recovery; mental attitude.

1. Introduction

COVID-19 spreads so quickly to various parts of the world, a virus called coronavirus disease 2019, being a condition that should not be taken lightly, certainly affects various aspects of life, one of which is the economic condition in Indonesia. This condition is exacerbated by the implementation of restrictions on community activities called PPKM. PPKM is valid from January 11 to January 25, 2021, then it was extended due to various COVID cases that occurred in Indonesian territory. PPKM became a differentiator which gradually affected the conditions of economic life, which was exacerbated by the occurrence of emergency conditions that made various forms of MSME business sluggish, including salted fish traders in the Kolaka area, precisely in the Lamekongga market.

The lamekongga market is a trading center located in the Wundulako District, Kolaka Regency, Southeast Sulawesi Province. Its strategic location can be reached by people in the Kolaka area, both in the Kolaka sub-district, the Baula district, and in the Wundulako sub-district. Salted fish traders in the area are experiencing various difficulties in marketing during COVID-19. The COVID-19 condition has changed the face of the economy in the Kolaka district very quickly, the marketing process has become so difficult because interaction restrictions certainly affect people's purchasing power (Sdrolias et al., 2022). Various methods have been taken by salted fish traders to return to a better economic condition, but it is not something that is easy because people who are worried about contracting COVID-19 until various news of sudden deaths that occur make them feel afraid to interact outside the home (Azimah et al., 2020). Like carrying an unstoppable moral burden, the small cries of salted fish traders scream in confusion to rise up to face the harsh reality, but since 2021 the condition has gradually improved. Government support and various forms of assistance came down to help the lives of the lower middle class people. The condition of education in the Kolaka area is also affected by the conditions of PPKM, education which initially took place classically turned into non-classical

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(Azzajjad et al., 2020). Even education that demands progress on student learning achievement becomes a challenge for educators to think about various learning innovations to keep paying attention to the quality of education (Tendrita et al., 2022). In line with the marketing situation, apart from education, the economy is also the center of attention for market players to continue to be able to market their wares properly and well (Rahman et al., 2022). The strength of salted fish traders is the partner's support and mental attitude that also affects the economic recovery process after the COVID-19 PPKM.

2. Literature Review

2.1. Couple

support Spousal support is directly related to the attitude of the Couple to accept all conditions that occur in the living conditions of the husband/wife to support both in stable and unstable conditions. Threats and challenges become a life test for married couples in treading a life full of troublesome troubles. Living in the midst of civil society in the Kolaka area is a blessing for salted fish traders. The relationship of the couple's support to the social life of husband and wife becomes something interesting to study, the social behavior of husband and wife will become a pattern of socialization in socialization, including in marketing merchandise in the Lamekongga traditional market. Couples who support in all conditions will trigger the mental stability of married couples.

Couples who understand their role in listening to husband/wife complaints will certainly form a harmonious relationship condition, conflicts that occur will be suppressed. Couples' maturity in facing exams is an obstacle that becomes a positive experience for married couples. The test of life for husband and wife is how to understand the condition of their partner in order to create harmony in the achievement of the rights and obligations of husband and wife in treading life in society. The stability of the partner's support can be seen by how far the husband / wife is able to understand their role (Shwartz et al., 2022). Couples who tend to not understand the role of husband/wife will fall into various problems in family life, the high divorce rate in Indonesia cannot be separated from the misunderstanding of husband/wife couples in laying down their rights and obligations.

Couples are able to provide information, support, appreciation and attention. The indicator for measuring this aspect is how capable the couple puts themselves to provide information as the best possible solution that can change living conditions for the better, one of which is economic conditions. Couple's support is an important support because without support, actions in various resolutions will hinder the progress of both the partner's internal and external life. As social beings, husband/wife partners should understand their partner's condition the most. Giving awards for the success of the couple is also an important factor for the sustainability of the couple's optimistic life. Attention either spontaneously or intentionally is a form of psychological support for couples to live life to be more focused, measurable, and progressive. This concept cannot be separated from the educational conditions of the spouse, education which plays a role in the pattern of thinking certainly plays an important role in future life from the educational process (Ahmar et al., 2020). Paying attention to all forms of partner attention is a form of positive acceptance of all the consequences of decisions that will occur. Positive thinking is the root of the formation of a positive attitude in accepting the partner's condition.

Couples must be able to give time to husband / wife with a sense of comfort and security, partner sensitivity to the needs of partners. Providing time for husband/wife partners will create a sense of comfort and security, encouragement and sufficient free time for husband/wife couples will provide chemistry that fosters a sense of comfort and security in carrying out family life in harmony. Lack of time for a partner will trigger various problems in a family. If this condition is not considered, it will affect the conditions of family life that trigger conflict.

Couples giving appreciation and praise for positive things are a shield in conflict management. Couples who give appreciation and praise will fulfill roles that can lead to ease in optimistic thinking in meeting the demands of life. Work and family conflict is a form of problem that can worsen the condition. All responsibilities require the participation of husband and wife in preparing needs, the obstacle is the emergence of a sense of discomfort that has an impact on the inability of the couple to share their time and thoughts in the family.

Adaptation to all forms of social change needs to be considered by couples because the perception of the economy basically has similarities with the perception of the educational process in the COVID-19 era, which causes a lot of controversy for educators and students (Pongkendek et al., 2021). Market participants are required to be able to adapt quickly to the COVID-19 emergency in line with educational conditions that demand the same thing. The condition cannot be separated from the ability of a partner to provide support and manage problems to obtain the best solution

(Cyntia Pratiwi & Kartika, 2019). The progress of thinking cannot be separated from the educational process that the couple goes through.

Couples support is basically a form of social support and adjustment that can significantly reduce work and family conflicts. The closeness of an intimate relationship from a partner's source of support makes the role of a partner have the potential as a good source of support in creating supportive, safe, comfortable actions, energy assistance, thoughts, generating motivation and attention that support the couple's life.

2.2. *Mental Attitude*

Mentality as a driving force for salted fish traders to improve the quality of life, functions to maintain the use of partner resources. Couples who have good mental abilities always start with objective considerations based on positive decision considerations. The steps taken are decisions that have been well thought out beforehand, so that decision making has received careful consideration.

Self-confidence in entrepreneurship is a positive attitude that provides the ability and mental readiness to face all challenges and threats. Optimistic attitude management will certainly have a positive impact on system thinking and the quality of action management. The role of a self-confident mentality will help human resources produce quality managers in marketing salted fish in traditional markets. Basically, humans are equipped with various potentials that support this potential, namely an optimistic attitude (Budžak & Branković, 2022). Mental that empowers a positive attitude will affect the output of an optimistic attitude. In the world of education, an optimistic attitude gives birth to the ability of students to manage knowledge and skills (Munandar et al., 2021), as well as economic life which requires an optimistic attitude to acquire better skills and marketing strategies.

Always give and build a strong determination in achieving success, the best productivity mentality will face all conditions with strong determination. The stability of the condition of determination goes hand in hand with the tough condition of salted fish traders in facing challenges. COVID-19 is a lesson that affects economic life. Determination supports the harmony that develops with the culture of living, respecting partners, obeying applicable rules (Tuskeroh, 2013). Mental strength, one of which is resilience in the face of all conditions.

Dare to take risks and like challenges, management that is inherent in the attitude of daring to take risks is an entrepreneurial mentality that has the progress of thinking to improve economic life. Organizing and preparing for the consequences of being able to answer challenges for future progress. Being able to lead oneself and others will help salt fish traders to develop themselves in social life.

2.3. *Economic Recovery*

Indonesia's economic development when PPKM COVID-19 brought problems in all areas of life, the government's attention focused a lot on strategies and dealing with the spread of COVID-19 as a form of concern for Indonesian citizens, the number of cases in Indonesia showed a significant increase at the beginning of the outbreak enters Indonesia. Salted fish traders are a form of small-scale home-based business as the forerunner of entrepreneurship in the process. Since the outbreak of COVID-19, salted fish traders have been affected by the weakening of the economy in terms of the traders' income which has decreased significantly. To sustain the life of salted fish traders are increasingly experiencing difficulties. In fact, small businesses still experience various obstacles and problems (Marpaung et al., 2020). Every trading business will definitely experience risk, it is necessary to have a strategy to manage all the risks that can occur.

3. **Methods**

Based on the results of extracting data in the field, information on the distribution of respondent data, totaling 20 people, was obtained as table 1.

Based on the information in table 1, the number of responses in the study was 20 people. by gender classification, 10 men and women, the domicile address of fish traders is classified as 3 people domiciled in Kec. Wondulako, 2 people domiciled in the district. Latambaga, 15 people domiciled in the district. Pomalaa, distribution of origin of fish traders 17 people from Bugis-Makassar tribe, 3 people from the Mekongga tribe, data on other places of sale besides the lamekongga market 15 people selling fish at the Pomalaa market on the Sunday market and 5 people selling only at the lamekongga market.

Table 1. Information on respondent data

Respondent data	Information
Total Respondents	20 people
Gender	Male : 10 people, Female : 10 people
Domicile address	3 people domiciled in district Wondulako, 2 people domiciled in district Latambaga, 15 people domiciled in district Pomalaa
Tribe	17 people from Bugis-Makassar tribe, 3 people from the Mekongga
Tribe Other sales places besides the Mekongga	15 people sell fish at the Pomalaa market on the Sunday market.

The research was carried out from May to June 2022, following the planned implementation flow. Based on research data collection (interviews) that have been carried out, information is obtained describing the Effect of Couple Support and Mental Attitude on the Economic Recovery of Salted Fish Traders at Lamekongga Kolaka Market after the COVID-19 PPKM. Before the COVID-19 pandemic, during COVID-19 and after the COVID-19 pandemic as described in the table 2.

Table 2. Conditions before, during, and after the COVID-19 pandemic

Conditions	Conditions Before COVID-19	Conditions During COVID-19	After the COVID-19 pandemic
Sales results	The income of fish traders in the lamekongga market is stable with a relatively stable number of customers and buyers on market days, namely Sunday, Tuesday and Friday.	The sales results of fish traders decreased significantly, due to a decrease in the number of fish buyers during the COVID-19 pandemic	Gradually back to normal, but not significantly increased again like before the COVID-19 pandemic
Number of buyers/customers	General information of daily buyers is stable on average and making steady profit per market day	In general, fish traders provide information that the number of buyers has decreased due to the COVID-19 emergency, which requires buyers to be worried about gathering or visiting public facilities such as markets.	Buyers / customers are gradually returning to stability but not like before the COVID-19 pandemic
Couple support	The couple always supports and participates in selling fish at the Lamekongga market, the couple supports all sales activities carried out	Couples tend to experience disappointment because of the family's financial condition that is experiencing difficulties, the COVID-19 pandemic condition demands to be patient in dealing with all conditions that occur and their consequences	Couples in general feel optimistic about returning to support and help sell fish in the lamekongga market, even though the impact of the COVID-19 pandemic is still being felt
mental attitude	Information from fish traders generally provides information on an optimistic, tenacious and hard-working attitude to meet the needs of buyers and their families	Traders experience many obstacles that affect their mental attitude, including pessimism in peddling merchandise, not enthusiastic (lethargic) in selling fish and experiencing various tests in meeting family needs from the relatively significant decline in fish merchandise.	Fish fields are starting to re-establish a good mental attitude to reorganize themselves in trying to rebuild the trading business
Recovery	Recovery process supported by stable income	Well built The recovery process has not yet been developed because	The recovery process began to be rebuilt,

Conditions	Conditions Before COVID-19	Conditions During COVID-19	After the COVID-19 pandemic
	from selling fish in the traditional lamekongga market	during the COVID-19 pandemic, the marketing system has relatively encountered obstacles in the sales process.	although there were many new problems encountered for most of the respondents, including declining business capital and some even lacking, so they had to work hard to start the recovery process again.

Based on table 2 information from interviews from 20 respondents, information was obtained before COVID-19: Information in general The number of daily buyers is stable on average and earns a stable profit per market day, The income of fish traders in the lamekongga market is stable with a relatively large number of customers and buyers. stable on market days i.e. Sunday, Tuesday and Friday, Couples always support and participate in selling fish at the Lamekongga market, Couples support all sales activities carried out, Information from fish traders generally provides information on an optimistic attitude, is tenacious and works hard to meet the needs of buyers and family, recovery process Well built supported by a stable income from selling fish in the traditional market of lamekongga.

Information on conditions during the COVID-19 pandemic: In general, fish traders provide information that the number of buyers has decreased due to the COVID-19 emergency which requires buyers to be worried about gathering or visiting public facilities such as markets. fish during the COVID-19 pandemic, Couples tend to experience disappointment due to family financial conditions experiencing difficulties, the COVID-19 pandemic condition demands to be patient in dealing with all conditions that occur and as a result, Traders experience many obstacles that affect mental attitudes, including pessimism in selling merchandise, not enthusiastic (sluggish) in carrying out fish selling activities and experiencing various tests in meeting the needs of the family from the relatively significant decline in fish trade and the recovery process has not been developed because during the COVID-19 pandemic the marketing system has relatively encountered obstacles in m sales process. The partnership factor in the sales process also influences the development of micro and medium enterprises (Vicario & Nawangpalupi, 2020). Hasil pengukuran melalui angket variabel dukungan pasangan (X1) diperoleh informasi sebagai berikut:

After the COVID-19 pandemic: Buyers / customers are gradually returning to stability but not like before the COVID-19 pandemic, sales results are gradually returning to normal, but have not significantly increased again as before the COVID-19 pandemic, Couples in general feel optimistic about returning to support and helping fish sales in the lamekongga market, however, the impact of the COVID-19 pandemic is still being felt, Padangang fish is starting to rebuild a good mental attitude to reorganize itself in trying to rebuild the trading business, and the recovery process is starting to be rebuilt even though there are many new problems encountered For most of the respondents, some of them have decreased business capital, and some even have less, so they have to work hard to start the recovery process again.

The results of the measurement through the questionnaire of the pair's support variable (X1) obtained the table 3.

Table 3. Results of the pair's support data analysis (X1)

No.	Statement	Classification and respondents who choose (person)			
		1	2	3	4
1.	Spouses understand their role in listening to their partner's complaints	2	11	3	5
2.	Spouses provide information, support, appreciation and attention	3	12	2	3
3.	Spouses give time to husband/wife with a sense of comfort and security, partner's sensitivity to partner's needs	10	4	3	3
4.	Spouses give appreciation and praise for things positive things	13	3	1	3

Description : 1 = never, 2 = sometimes, 3 = often and 4 = always.

Based on table 3 shows information on the aspect of the couple understanding the role in listening to their partner's complaints as many as 11 respondents answered sometimes (level 2), on the aspect of the couple providing information, support, respect and attention as many as 12 respondents answered sometimes (Level 2), on the aspect of the couple giving time to husband/wife with a sense of comfort and security the sensitivity of the partner to the needs of the partner 10 respondents answered never (level 1), and on the aspect of the couple giving appreciation and praise for positive things 13 respondents answered never (level 1).

The results of the measurement of the mental attitude variable data analysis (X2) are obtained:

Table 4. The results of the attitude data analysis mental

No.	Statement	Classification and respondents who choose (person)			
		1	2	3	4
1.	I always believe in entrepreneurship	9	0	6	5
2.	I always give and build a strong determination to achieve success	7	8	2	3
3.	I always dare to take risks and like challenges	11	2	4	3
4.	I am able to lead myself and others	13	2	3	2

Description : 1 = never, 2 = sometimes, 3 = often and 4 = always.

Based on table 4 of the mental attitude variable (X2), information is obtained on the aspect I am always confident in entrepreneurship 9 respondents answered never (level 1), on the aspect I always gave and built a strong determination in achieving success 8 respondents answered sometimes (level 1) 2) and 7 respondents answered never (level 1), in the aspect I always dare to take risks and like challenges 11 respondents answered never (level 1), and in the aspect I am able to lead myself and others 13 respondents answered never (level 1).

Variable recovery (Y) are as follows:

Table 5. The results of variable recovery (Y)

No.	Statement	Classification and respondents who choose (person)			
		1	2	3	4
1.	My gross income has increased since the covid-19 emergency	19	1	0	0
2.	Customers have increased in terms of numbers since the covid-19 emergency	18	2	0	0
3.	The number of merchandise sold has increased in terms of quantity since the covid-19 emergency	20	0	0	0
4.	Merchandise stock has increased in terms of numbers since the covid-19 emergency	19	1	0	0

Description: 1 = never, 2 = sometimes, 3 = often and 4 = always.

Based on table 5, information on the aspect of my gross income has increased since the covid-19 emergency as many as 19 respondents answered never (level 1), the customer aspect has increased in terms of numbers since the covid-19 emergency 18 respondents answered never (level 1), aspect The amount of merchandise sold has increased in terms of quantity since the covid-19 emergency 20 respondents answered never (level 1), and on the aspect of merchandise stock has increased in terms of quantity since the covid-19 emergency 19 respondents answered never (level 1). Techniques Data analysis is carried out by measuring each indicator result that has been distributed, while the classification table is as follows in table 6.

Based on the measurement scale classification table, the mapping results obtained an average score of 1.0 to 1.75 with the classification Never ,), >1.75 to 2.5 classification often , >2.5 to 3.25 classification Sometimes , >3.25 to 4.00 classification Always. The table 7 mapping the results of data analysis.

Table 6. Classification of Measurement Scale

Average Satisfaction	Classification Score
>3,25 s/d 4,00	Always
>2,5 s/d 3,25	Often
>1,75 s/d 2,5	Sometimes
1,0 s/d 1,75	Never

Table 7. Mapping of data analysis of partner support variables (X1), mental attitude (X2) and recovery (Y).

No.	Aspects (statements)	The average value (mean)	classification
Couples Support (X1)			
1	Spouses understand their role in listening to their partner's complaints	2.65	>2.5 to 3.25 (often)
2	Spouses provide information, support, appreciation and attention	2.25	>1.75 to 2.5 (Sometimes)
3	Spouses give time to husband/wife with a sense of comfort and security, partner's sensitivity to partner's needs	1.95	>1.75 to 2.5 (Sometimes)
4	Spouses give appreciation and praise for things positive things	1.7	1.0 to 1.75 (Never)
Mean		2.14	>1.75 to 2.5 (Sometimes)
Mental Attitude (X2)			
1	I always believe in entrepreneurship	2.35	>1.75 to 2.5 (Sometimes)
2	I always give and build a strong determination to achieve success	2.05	>1.75 to 2.5 (Sometimes)
3	I always dare to take risks and like challenges	1.95	>1.75 to 2.5 (Sometimes)
4	I am able to lead myself and others	1.7	1.0 to 1.75 (Never)
Mean		2.01	> 1.75 to 2.5 (Sometimes)
Recovery Economic			
1	My gross income has increased since the covid-19 emergency	1.05	1.0 to 1.75 (Never)
2	Customers have increased in terms of numbers since the covid-19 emergency	1.1	1.0 to 1.75 (Never)
3	The number of merchandise sold has increased in terms of quantity since the covid-19 emergency	1.0	1.0 to 1.75 (Never)
4	Merchandise stock has increased in terms of numbers since the covid-19 emergency	1.05	1.0 to 1.75 (Never (Never))
Mean		1.05	1.0 to 1.75 (Never)

Based on table data 7, Mapping data analysis of partner support variables (X1), mental attitude (X2) and economic recovery (Y), obtained information on respondents' answers to the partner support measurement variable with a mean of 2.14 in the classification > 1.75 to 2, 5 (Sometimes), the mental attitude variable (X2) obtained a mean of 2.01 is in the classification > 1.75 to 2.5 (Sometimes), and the Economic Recovery variable obtained a mean of 1.05 with a classification of 1.0 s/ d 1.75 (Never).

4. Result and Discussions

The inferential test is a test step using SPSS 20 Kolmogorov-Smirnov test method because the number of samples is

less than 30, the test is carried out using prerequisite tests, namely normality and homogeneity tests, then testing is carried out using the Mann-Whitney non-parametric inferential test. . The important thing that must be considered during the normality test is to look at the normality test hypothesis from the results obtained. The results of the normality test were carried out to determine the distribution of the data obtained, the normality test. The data is said to be normally distributed if it does not have a significant difference or is standard compared to standard normal. If using a statistical test, for example using the Kolmogorov Smirnov test, the variable is said to be normally distributed if the significance value is more than or equal to 0.05. variables of partner support (X1), mental attitude (X2) and recovery (Y) obtained the following information:

Table 8. Results of data analysis using prerequisite test (normality test)

		One-Sample Kolmogorov-Smirnov Test		
		Couple support	Mental attitude	Economic recovery
		20	20	20
Normal Parameters ^{a,b}	Mean	2.4500	2.3500	1.1000
	Std. Deviation	.94451	1.30888	.30779
Most Extreme Differences	Absolute	.333	.299	.527
	Positive	.333	.299	.527
	Negative	-.217	-.240	-.373
Kolmogorov-Smirnov Z		1.490	1.336	2.358
Asymp. Sig. (2-tailed)		.024	.056	.000

Based on table 8, information obtained from the probability test results on SPSS obtained information on the pair support variable (X1) the Asymp value. Sig. (2 tailed) the value is $0.024 < 0.05$ which it means that the data is not normally distributed, the mental attitude variable (X2) is the Asymp value. Sig. (2 tailed) $0.056 > 0.05$, which means that the data is normally distributed, while the recovery (Y) is obtained Asymp value information. Sig. (2 tailed) the value is $0.000 < 0.05$. test results with SPSS, value Kolmogorov's count is indicated by the Absolute value of Most Extreme Differences,

Homogeneity test is used to find out whether some population variants are homogeneous or vice versa.

Table 9. Homogeneity test of economic recovery variable (Y)

ANOVA					
Economic recovery	Sum of Squares	Df	Mean Square	F	Sig.
Between Groups	.800	3	.267	4.267	.022
Within Groups	1.000	16	.063		
Total	1.800	19			

Based on table 9, information on the significance value of $0.022 < 0.05$ indicates that the data group comes from a population with different (heterogeneous) variances. The following is the data from the test results for the pair support variable (X1):

Table 10. Homogeneity Test of Couple support Variables (X1)

ANOVA					
Couple support	Sum of Squares	Df	Mean Square	F	Sig.
Between Groups	5.339	1	5.339	8.277	.010
Within Groups	11.611	18	.645		
Total	16.950	19			

Based on table 10, information on a significance value of $0.010 < 0.05$ indicates that the data group comes from a population with different (heterogeneous) variances. The table 11 are the results of testing the mental attitude variable (X2).

Based on table 11, information on a significance value of $0.010 < 0.05$ indicates that the data group comes from a population with different variances (heterogeneous). The results of the prerequisite test obtained information that the variables that have been measured are not normally distributed and come from populations with different variances (heterogeneous). From the results of these measurements, non-parametric uni is carried out. The nonparametric test is

a "distribution-free" statistical test. This term states that the data used in nonparametric does not need to follow a certain distribution. Some examples of tests included in the nonparametric test are the run test, the Mann-Whitney test, and the Friedman test. To test the Effect of Couple Support and Mental Attitude on Economic Recovery of Salted Fish Traders at the Lamekongga Kolaka Market after the COVID-19 PPKM, the Mann-Whitney test was used.

Table 11. The results of the homogeneity test of the mental attitude variable (X2)

ANOVA					
Mental attitude	Sum of Squares	Df	Mean Square	F	Sig.
Between Groups	6.050	1	6.050	4.109	.058
Within Groups	26.500	18	1.472		
Total	32.550	19			

Social support in various life pressures is a motivation to rise up in various bad conditions in life, unfavorable economic conditions will make couples less enthusiastic to continue life, the importance of social support will help build the process of economic recovery to continue economic activities in order to meet the needs of life. Many couples who support, not a few who do not support even worse mental condition. The peak of COVID-19 in Indonesia, namely PPKM, affects many aspects of life, including the family economy. The recovery process encounters many obstacles, especially the support of a partner who always influences the conditions to rise from adversity (Pilloni et al., 2022). The consequences of the deteriorating condition of the family's economy certainly cannot be separated from the role of spouses in increasing motivation to get out of unfavorable conditions. the support process is certainly contrary to the conflict that occurred so that the effect on the economic recovery process is less than optimal which is nothing but influenced by the role of the partner in repairing the deficiencies that have occurred.

Spousal support will offset efforts to block various problems that occur (Shwartz et al., 2022). Paying attention to the financial condition of the family is certainly something important to do for the sustainability of life in the future (Collard et al., 2016). Facing complicated conditions is a situation that places them between the interests of the family and the needs of work. The wife's lack of involvement to take sides psychologically in her role as a life partner will affect the husband's mindset as the head of the family. The wife's involvement is in the form of a willingness to accompany her husband when needed by the husband in various conditions (Rahman et al., 2022). The influence of a partner in the continuity of work certainly cannot be separated from the role of the family. Couples as life companions can be an encouragement for couples in reducing the moral burden in various problems, especially family economic problems.

Conflicts that can occur due to the lack of partner support will encounter roles, namely time-based conflict, the time needed to carry out work demands, strain-based conflict, namely pressure from a partner that affects performance, behavior-based conflict, namely a discrepancy between behavior with the partner's wishes. . Conflicts that occur will affect the behavior of partners, stress levels will be higher if there is no good support from partners.

The recovery process will encounter many problems. The impact of the COVID-19 pandemic that lasted from 2019 affected the lives of the world's people, especially entrepreneurs who had many difficulties in marketing their merchandise, including the marketing of salted fish by traders in a small market in the Kolaka area, namely the lamekongga market. The economic situation has gradually recovered since 2021, but not a few complaints from salted fish traders have arisen mainly due to the depletion of their business capital. The economic prediction in 2022 that will improve again is certainly a positive issue for the economic sustainability of salted fish traders in the lamekoingga market.

National economic recovery is carried out by the government by significantly spurring the recovery process, especially for the lower middle class. Consumption is closely related to people's purchasing power. The community's need for food ingredients, one of which is salted fish as a source of protein, has become a selling item on the market before COVID-19. Economic revival will certainly be a big hope for salted fish traders in the lamekongga market. Observation results obtained information that salted fish traders generally feel the need for partner support because without the support of a partner, the recovery process will be difficult.

Based on the information in table 12, interpreting the results of the Mann Whitney U Test requires the data to be on an ordinal, interval or ratio scale. The Mann Whitney test can be used to test whether the median difference is significant or not. The test results in table 3.5 obtained information on the value of sig.2-tailed is $0.000 < 0.05$, the test results are statistically significant, thus there is an effect of pair support (X1) on economic recovery (Y). The data represents a spouse's support that significantly influences the process of economic recovery, because the spouse's support has a big influence, namely: Couples who understand their role in listening to their partner's complaints, Spouses provide

information, support, appreciation and attention, Spouses give time to husband/wife with a sense of comfort and secure partner's sensitivity to partner's needs and partner gives appreciation and praise for positive things. The couple's supportive actions have a positive effect on the family's economic recovery process. The process of economic recovery will come out of the family economic crisis which will have a major influence on various forms of human effort to return to using various abilities in managing business (Sdrolia et al., 2022)

Table 12. The results of the inferential analysis of the effect of partner support (X1) on economic recovery (Y)

Test Statistics^a	
	Couple support
Mann-Whitney U	33.000
Wilcoxon W	243.000
Z	-4.930
Asymp. Sig. (2-tailed)	.000
Exact Sig. [2*(1-tailed Sig.)]	.000 ^b

The involvement of emotional feelings will open gratitude or vice versa. Gratitude for the human mental process will provide a sense of responsibility for the various consequences that will occur. Having a strong mental attitude will have full control in balancing logic and emotions that can assist decision making in the economic recovery process after the COVID-19 PPKM. The right decision will provide a way to be able to avoid various conflicts that may occur. Self-control will help understand yourself and others to think and act more wisely. (Budzak & Branković, 2022). Developing realistic thinking optimistic will have positive thoughts about the reality of life that will be lived in the future.

An optimistic view without realistic thinking will disturb one's mental state, salted fish traders who before COVID-19 used to market their merchandise well, the PPKM COVID-19 condition requires them to work and think hard to get up to continue their life. Living the day with optimism will lead to better decision making. Seeing opportunities in decision making in every difficulty will be a responsibility to accept all forms of life consequences (Tuskeroh, 2013). Believing in the ability in all forms of changing conditions is a trigger to be able to pass all challenges, the PPKM conditions from 2019 to 2021 are changing conditions that change people's mental conditions. A strong mental condition will find solutions to all the problems it faces realistically.

Being grateful for all the blessings from God will certainly be a mental thing that will keep you from being depressed, on the contrary, will make you happier and have a positive attitude in the future. The opportunity to improve the economic life of salted fish traders is a challenge in itself because the marketing demands that were previously traditional or classic with the process of socializing digital marketing solutions become a resolution to deal with all forms of emergency conditions in the future.

Changes in mental attitude for the better certainly play a role in signaling oneself not to repeat the mistakes that have occurred and building strategies to face bigger obstacles and challenges in the future. Failure is built from a weak mental attitude. The importance of a positive mental attitude is a support to continue a better economic life.

Table 13. The results of the inferential analysis of the effect of mental attitude (X2) on economic recovery (Y)

Test Statistics^a	
	Mental attitude
Mann-Whitney U	99.000
Wilcoxon W	309.000
Z	-3.295
Asymp. Sig. (2-tailed)	.001
Exact Sig. [2*(1-tailed Sig.)]	.006 ^b

Based on table 13, The results of the inferential analysis of the effect of mental attitude (X2) on economic recovery (Y), obtained information that the value of sig.2-tailed is 0.000 < 0.05, the test results are statistically significant, thus there is an effect of mental attitude (X2) on economic recovery (Y). The results of the inferential analysis test show that mental attitude is always confident in entrepreneurship, always gives and builds a strong determination to achieve success, always dares to take risks and likes challenges and is able to lead oneself and others has a significant effect on the economic recovery process of salted fish traders. in the lamekongga market, Kolaka district. A positive mental attitude will produce the strength of attitude in rebuilding an unfavorable situation.

5. Conclusions

The results of the inferential analysis of the effect of partner support (X1) on economic recovery (Y) obtained information on the value of sig.2-tailed is $0.000 < 0.05$, the test results are statistically significant, thus there is an effect of partner support (X1) on economic recovery (Y). The data represents the pair's support which significantly influences the recovery process. The results of the inferential analysis of the effect of mental attitude (X2) on economic recovery (Y), obtained information on the value of sig.2-tailed is $0.000 < 0.05$, the test results are statistically significant, thus there is an effect of mental attitude (X2) on economic recovery (Y).

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